

## SURGICAL HOMEOPATHY REMEDIES

**ARNICA 30c:** Prevents physical shock, bruising, soreness, dental pain, and bleeding gums after dental work/extractions.

**Dental surgery & treatment:**

- Before procedure: 3 (30c) pellets under tongue
- After procedure: 2 pellets every 1/2 hour for first 3 hours after extraction
  - After 1st 3 hours: 2 pellets every hour until end of day

**HYPERICUM 30c:** Heals nerve damage after surgery.

- Before surgery (day of): 3 pellets every 2 hours
- After surgery: Call the office for protocol, as it may vary

**RUTA GRAVEOLENS 30c:** Reduces bone pain after an extraction, surgery, or scraping and speeds up bone healing. Lessens pain from fractures (ex: Broken jaw) where bones are severely contused. Also speeds up healing of bone bruises/injuries that are slow to heal

- After procedure: 2 pellets before bed the first day
  - Next few days: 3 pellets 3x/day

**STAPHYSAGRIA 30c:** Prevents infections after extraction.

**LEDUM PALUSTRE 30c:** Promotes puncture/wound healing, especially where the injection was.

**NUX VOMICA 30c:** Counteracts side-effects of anesthetic/sedation.

- After procedure: 2 pellets per hour for 2-3 hours, thereafter 3 pellets every three hours as needed only

